



June Ann Ost

July 6, 1946 - March 14, 2025

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June Ann (Frederick) Ost, 78, passed away peacefully at home surrounded by her loving family on March 14, 2025.

Born on July 6, 1946, in New Brunswick, New Jersey, to Lloyd and Shirley (Miller) Frederick, June spent most of her childhood in Ames, Iowa. She graduated from Ames High School in 1964 and attended Iowa State University for three years before embarking on a brief but adventurous career as a stewardess with Pan Am Airlines. She delighted in telling stories from her time serving celebrities and other passengers on the Los Angeles to Honolulu route.

June's life took a beautiful turn when she moved to Lincoln, Nebraska, where she met the love of her life, Rusty. They married just a few months after meeting in 1968, beginning a loving partnership that would span nearly six decades. She supported Rusty when he was drafted into the Vietnam War, moving to Denver, Colorado, where he was stationed as the pharmacist at Fitzsimons Army Medical Center. June eventually returned to school at the University of Nebraska-Lincoln, earning her pharmacy degree in 1974 as the salutatorian of her class.

Her professional career included working as a retail pharmacist and managing several pharmacies, including Wagey Drug and Madonna Rehabilitation Center in Lincoln. In 1983, June made the decision to start her own Shaklee

business, allowing her to spend precious time with her young children at home. She successfully operated this business for over 40 years, earning recognition through cars and trips to San Francisco, Amsterdam, Hong Kong, Hawaii, and many other destinations.

She loved her family, and was especially animated when watching her sons compete in swimming. Following Rusty's retirement in the late 1990s, the couple relocated to southwest Florida where they built a community of dear friends and enjoyed a life filled with travel and time spent with their grandchildren. June's adventurous spirit led her to visit all seven continents during her lifetime.

June is survived by her devoted husband Rusty; her sons Aaron (married to Amy) and Jason (married to Andy); her beloved grandchildren Kate and Joseph; and her siblings Mary and David.

June's warmth, entrepreneurial spirit, and dedication to her family leave a lasting legacy that will be cherished by all who knew her. Her family misses her deeply.

Tribute Wall



“ Alice E Charron lit a candle in memory of June Ost



Alice E Charron - March 18, 2025 at 05:00 PM